



SMALL PLATES

Eggplant Fries (V) 8
Crispy fried eggplant, black garlic aioli, jalapeño hot sauce

Poutine.....9
Hand cut Kennebec fries, squeaky cheese curds, house gravy

Two Egger (V OPTION) 10
2 eggs your way, bacon, sausage, ham or grilled avocado, multigrain, sourdough, or white, signature potatoes or fruit

Stuffed Yorkies 10
Roasted garlic mashed potato, beef short ribs, house gravy, horseradish mayo
Add Yorkie 3

Potato Skins (V OPTION) 10
Three cheese blend stuffed potato skins, tomato salsa, bacon bits, sour cream, micro greens

Beet Hummus & Falafel (VE) ... 12
Garlic toum, seasonal pickles, avocado, toasted pita bread

One20 Wings (VE OPTION) 13
Oven baked & fried, choice of chicken or cauliflower

Flavors: House-made Bourbon BBQ, Hot, S&P, Teriyaki, Dragon, Honey Garlic, Jamaican Jerk, Cajun, Sweet Chili, Sweet & Sour Tamarind

Wings & Cauliflower) 15

Marinated Chicken Skewers... 14
Green mango & fennel salad, saffron rice, toasted pine nuts

Fried Calamari..... 16
Tossed in sesame oil, wasabi yoghurt, house pickled ginger & onions, scallions, tobiko

The Original Caesar Salad (VE OPTION) 12
Chopped or grilled romaine hearts, garlic focaccia croutons, shaved Parmesan or vegan cheese, regular or vegan Caesar dressing

Abundance Salad (VE) 17
Mixed greens, corn, cherry tomatoes, red onion, cucumbers, avocado, candied nuts, dried fruits, crostini, choice of dressing
Half 12



Add to any dish 5

- Grilled tofu
- Grilled chicken
- Garlic prawns
- Crispy pork belly
- Pulled pork
- Short rib



FAVES

Chicken Strips..... 14
Breaded chicken tenders, hand cut Kennebec fries or salad, choice of dipping sauce

Fish & Chips 14
One piece beer battered fish, hand cut Kennebec fries, tartar sauce
Add one piece 5

Market Seafood Chowder 14
Seafood, russet potatoes, vegetables, toasted garlic bread
Half 8

Buffalo Wrap (VE OPTION)..... 14
Crispy chicken or cauliflower, mixed greens, hot sauce, ranch, tomato, onion, three cheese blend

Nachos (V)..... 17
Layered Corn tortilla, olives, jalapeño, tomato, green onions, fresh pico de gallo, sour cream, three cheese blend
Add guacamole 4

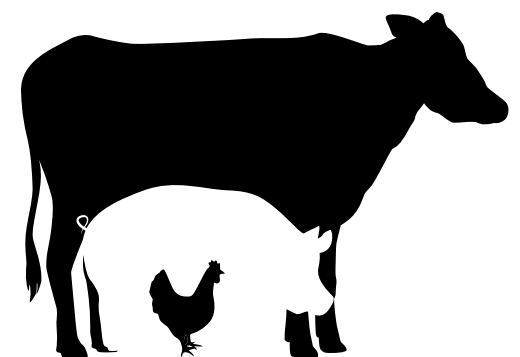
Harvest Buddha Bowl (VE)..... 18
Superfood rice and bean medley, grilled avocado, dried fruits, nuts, seeds, asian slaw

Stuffed Butternut Squash (VE)..... 18.5
Saffron rice, beluga lentils, green mango and fennel slaw, vegetable dressing, crispy chickpeas

Classic Burger (VE OPTION) 14
Beef, chicken or veggie patty, ketchup, mustard, the usual suspects
Add cheddar cheese, bacon or mushrooms 1.5

Veggie Burger (V) 16
Eggplant parmigiana, tomato sauce, buffalo mozzarella

Mother Earth Burger (VE)..... 16
Grilled red pepper, artichoke hearts, crispy tofu, frisée, hummus, green chili cashew sauce



FARM TO TABLE

One20 Clubhouse 16
Grilled chicken breast, tomato, avocado, iceberg lettuce, bacon, Gruyère cheese, harissa mayo

Short Rib Beef Dip 16
Red wine braised short ribs, horse radish aioli, crispy onions, pickles, Gruyère cheese

Filipino Burger 17
Beef patty, crispy pork belly, rocket, sweet onion-fig & bacon jam, Manchego cheese, Jufuran "Katsup"

Piggie Burger 17
Beef patty, pulled pork, green chili mayo, apple cabbage slaw



HANDHELDS

Our burgers are made with a 100% Alberta 8oz beef patty, ground daily in-house. All handhelds come with a choice of house cut Kennebec fries or salad. **Substitute yam fries, Caesar salad or onion rings...3 Daily soup, chowder, poutine or cauliflower...4**

At ONE20 we pride ourselves on making all our food from scratch, in-house. We source as much as we can from local purveyors and use only the highest quality ingredients. We politely decline all requests to modify menu items, however please let your server know if you have any food sensitivities or allergies. Gluten-free (GF), Vegetarian (V) and Vegan options (VE) available.